

Mimi Doe



Mimi Doe, M.Ed., is the author of *"Busy but Balanced: Practical and Inspirational Ways to Create a Calmer, Closer Family"* (St. Martin's Press) and *"10 Principles for Spiritual Parenting: Nurturing Your Child's Soul"* (HarperCollins) which won a coveted Parents' Choice Seal of Approval and was honored as a finalist in the Books for a Better Life Award. She co-authored *"Drawing Angels Near"* (Pocket Books) and is the founder of SpiritualParenting.com.

Ladies Home Journal called Mimi Doe a "parenting guru" and she has appeared on Oprah. She holds a Master's Degree in Education from Harvard.

Doe is featured weekly with her Spiritual Parenting tips on *New Morning TV*, airing on the Hallmark Channel, and was recently seen on the *CBS Early Show*. Her workshops and seminars cross all cultural and religious lines and have changed the way thousands of parents interact with the children in their lives.

Doe's popular on-line newsletter, "Spiritual Parenting Thought for the Week," has over 30,000 subscribers and Spiritual Parenting Groups are meeting around the world to focus on her action based concepts. Mimi is a featured expert on Beliefnet.com and ParentSoup.com and is the mother of two children, ages 12 and 15. She lives in Concord, Massachusetts.

SEMINAR/WORKSHOP TOPICS:

- Busy But Balanced: Practical and Inspirational Ways to Create Calmer, Closer Families
- 10 Principles For Spiritual Parenting
- Raising Children in an E-mail World

WHAT THEY'RE SAYING:

"Mimi's energy and passion were inspirational. Her examples are endless, entertaining and instructional." (Preschool teacher)

"Hearing Mimi Doe's talk was energizing. Mimi's unending information can help me parent children who won't have to struggle with finding their spirituality as adults." (Mother of 3)

"I am still feeling the power of Mimi Doe's message. I wish we had been able to have her for the whole weekend because the group could not get enough of her. Her message is simple and clear. Her delivery is a compelling mixture of humor and earnestness." (Director, Wright Center)

HOW CAN I CREATE BALANCE AND A CALM FAMILY WHILE ACTIVELY PURSUING MY OWN GOALS?

A. You have the potential to live a balanced, alive, joy-filled life. You can make a difference in your children's futures, manifest your own dreams, and create a soulful home. When you scan your life, take the time to ponder what you see, and generate a plan, you have a vital blueprint to follow. More energy and serendipitous events will follow as a result. It just works that way. You will experience a positive shift. Your family can't help but benefit as this grace radiates to them. They will, in turn, begin creating their own blueprints for fulfilling lives and be sustained at home as they move these dreams into action.

WHAT IS SPIRITUAL PARENTING?

A. Spiritual parenting occurs when we expand our awareness to include our children's vivid inner lives. When we approach our kids as grand spiritual beings housed in little bodies we are parenting spiritually. **(Spiritual parenting is not limited to any one religion's teachings but rather is an authentic, honest way of interacting with our children day to day.)**

CONTACT:

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