

# Spiritual Parenting Group

Based on: “10 Principles for Spiritual Parenting”

By:  
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## MEETING #3

### **Principle 2 – Trust and Teach that all of Life is Connected and has a Purpose**

#### **1. Taking Care of Business**

- **Logistics of meeting:** light candles, create a calm room, distribute any handouts in advance, have name tags and pens at the ready.
- **Housekeeping/Administrative Details:**
  - ❖ Circulate form for contact information: email addresses, phone number, etc.
  - ❖ Discuss any logistics issues: where you will meet next time, arriving to the meetings on time, confidentiality agreement, respectful discussion, the basic requirement to read each month’s principle/chapter.
  - ❖ Reconnect and use a few moments to catch up with one another.

#### **2. Opening Ritual:**

(Read aloud to the group)

*I see God in the brilliance of a starry night. I smell the lushness of God in a field of white jasmine. I feel the bounty of God in the infinite grains of sand on a tropical shore. I hear God in the infectious laughter of joyous celebration. God is revealed everywhere, in every situation, in every moment. And, we are all connected by this brilliant display of Spirit.*

#### **3. Dive into Discussion: Principle 2 – Trust and Teach that all of Life is Connected and has a Purpose**

Some **possible** discussion points:

- Share Reflections on the Readings and Parent Insight-Building Exercises, Parent Check In, Child Guided Journey, Child Check In, and Affirmations at the end of the chapter.
- How do you connect with nature? How do you help your kids tune into the power of Mother Earth. What is the resistance in your family life: lack of time, children getting older and losing interest, lack of space to explore?
- Did any of the tips resonate for you? How might you try them?
- How does your family reach out to others?

### 3. Wrap Up:

- Thoughts for the Evening:
  - ❖ This week, go out into your world and \_\_\_\_\_ (fill in with an “action item”).
- Go over Prayer Request List from last month: Discuss
- Create a new list of Prayer Requests for this month.
- Closing Ceremony
  
- For next meeting - Read **Principle 3, Listen to Your Child**
- Think about the Parents’ Check-in Questions, p. 105 and plan to discuss at the next meeting
- Consider reading “Drawing Angels Near: Children Tell of Angels in Words and Pictures” or “Children’s Letters to God” for further insight into the vivid spiritual lives of children – available to us when we listen.
- Print out *The Reel Appeal* discussion guide to *Finding Nemo*:  
[http://spiritualparenting.com/pdf/finding\\_nemo.pdf](http://spiritualparenting.com/pdf/finding_nemo.pdf)  
and watch this film with your kids, using the guide that links it to Principle #2.